MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
Beef Hot Dog on a Bun French Fries Baby Carrots  Turkey Ham Deli Sandwich Apple 1% Unflavored Milk 1% Low Fat Chocolate Milk	Toasted Cheese Sandwich Tator Tots Roasted Broccoli  Turkey & Cheese Flatbread Munchable Pear 1% Unflavored Milk 1% Low Fat Chocolate Milk	Chicken Patty Sandwich Baked Beans, Vegetarian Baby Carrots  Turkey & Cheese Flatbread Munchable Orange Quarters 1% Unflavored Milk 1% Low Fat Chocolate Milk	Beefy Nachos with Homemade Cheese Salsa Brown Rice Cherry Tomato  Ham Deli Sub Sandwich Applesauce 1% Unflavored Milk 1% Low Fat Chocolate Milk	Cheese Pizza California Blend Vegetable Cucumber Slices  Ham Deli Sub Sandwich Apple 1% Unflavored Milk 1% Low Fat Chocolate Milk
9	10	11	12	13
Hamburger on a Bun Potato Wedges Steamed Green Beans Ham Deli Sub Sandwich Banana 1% Unflavored Milk 1% Low Fat Chocolate Milk	Cheese Quesadilla Salsa Lettuce, Tomato and Cheese Roasted Broccoli  Turkey Deli Sub Sandwich Diced Peaches 1% Unflavored Milk 1% Low Fat Chocolate Milk	Crispy Chicken Nuggets Whole Grain Dinner Roll Steamed Peas Tator Tots  Ham and Cheese Flatbread Munchable Applesauce 1% Unflavored Milk 1% Low Fat Chocolate Milk	Italian Dunkers Marinara Sauce Roasted Carrots  Turkey & Cheese Flatbread Munchable Pear 1% Unflavored Milk 1% Low Fat Chocolate Milk	Mini Corn Dogs French Fries Baked Beans, Vegetarian  Turkey Deli Sub Sandwich Orange Quarters 1% Unflavored Milk 1% Low Fat Chocolate Milk
16	17	18	19	20
Beef Hot Dog on a Bun French Fries Steamed Green Beans Macaroni & Cheese Diced Peaches 1% Unflavored Milk 1% Low Fat Chocolate Milk	Italian Toasted Cheese Sand with Marinara Tator Tots Steamed Corn Ham Deli Sub Sandwich Apple 1% Unflavored Milk 1% Low Fat Chocolate Milk	Chicken Patty Sandwich Baked Beans, Vegetarian Peas & Carrots Green/Yellow Bell Pepper  Turkey Deli Sub Sandwich Pear 1% Unflavored Milk 1% Low Fat Chocolate Milk	Beefy Nachos w/Cheese Sauce Salsa Roasted Broccoli Ham and Cheese Flatbread Munchable Applesauce 1% Unflavored Milk 1% Low Fat Chocolate Milk	Cheese Pizza French Fries Roasted Carrots  Turkey Munchable Diced Pears 1% Unflavored Milk 1% Low Fat Chocolate Milk
23	24	25 Happy Winter Break!!!	26	27
30	31 Happy New Year	1		
				This is for Food 4 Thought
				Your MENUS plus more

Adult Lunch \$5.00 Extra Milk \$.50

Questions or comments please contact Taher Food Service Director Annie Topic at a.topic@taher.com or call 952-873-2414



Your MENUS plus more Information on our app Taher Food4Life\*

